

Mapping the Resident's Journey in Residential Aged Care Using Transition Maps

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For You For Life Tapestry - An Enhanced Care Program

New approaches are needed in residential aged care. Residents and families are often ill-prepared when a resident declines in health and function and 'transitions' to a substantially different level of care.

Providing a better understanding of the resident's journey may:

- enable residents and families to plan for the future and prioritise their wishes,
- facilitate consistent care,
- promote collaboration amongst all staff
- better integrate with existing systems and policies

Tapestry addresses these challenges and:

- summarises each resident's goals of care
- improves care coordination
- facilitates dialogue between staff/resident/family

With resident input, Tapestry uses the **TRANSITION MAP** to link an **EXPLORATION** of each resident's 'whole-of-person' health and function with their **EXPERIENCE** (see Figure 1).

The Tapestry program uses 3 main scales:

- Cumulative Illness Rating Scale (CIRS-G)
- Goal Directed Care Plans
- **Transition Maps**

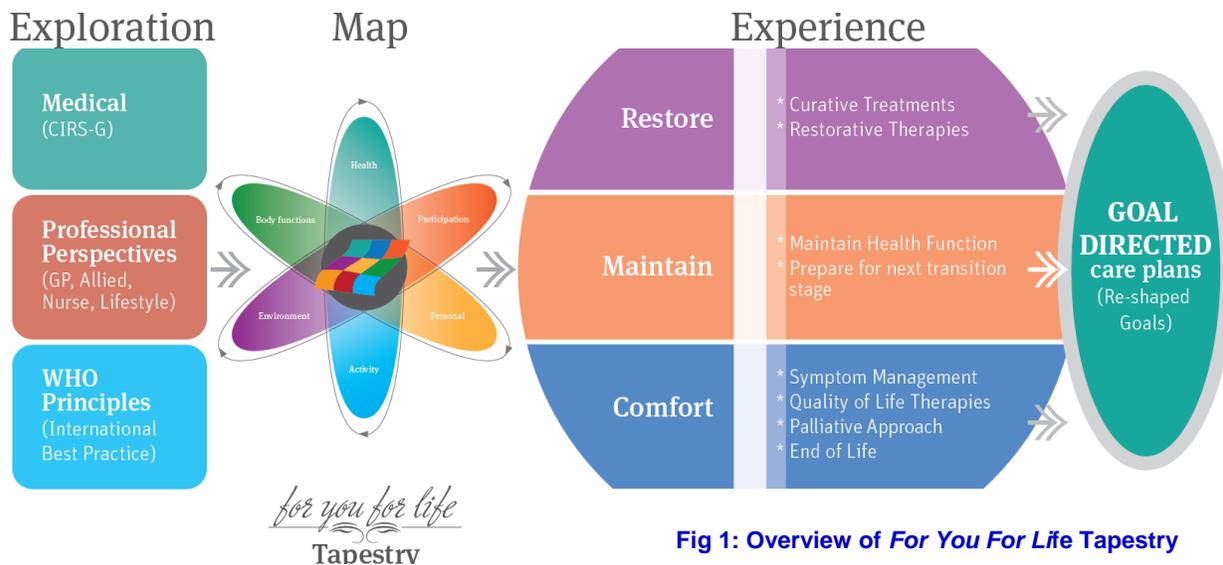


Fig 1: Overview of For You For Life Tapestry

Transition Maps – Overarching Goals of Care

Transition Maps track and coordinate the resident's journey and overall goals of care.

Pilot Study

Aim: Develop a tool that facilitates multi-d teamwork, and is transparent of late-life transitions in resident health & function.

Method: Working group, lit review, case study tests, staff input, and testing level of agreement amongst care professions.

Results and Discussion:

Draft Transition map developed (see Figure 2). Moderate levels of agreement between health professions when generating maps separately.

Fig 2: Transition Map Scale (DRAFT Version)

Type of illness or impairment			Severity of illness or impairment
Somatic Restorative	Mixed Restorative	Neurocog Restorative	
Somatic Maintenance	Mixed Maintenance	Neurocog Maintenance	
Somatic Symptomatic	Mixed Symptomatic	Neurocog Symptomatic	
<input type="checkbox"/> Terminal	<input type="checkbox"/> Terminal	<input type="checkbox"/> Terminal	

Tick if patient has a high impact of psychological factors

Focus Group Study

Aim: To discuss (a) communication between staff / residents / families, and (b) improvements for the Transition Map scale.

Method: 15 focus groups (2 resident, 6 family, 2 nurse, 2 PCA, 1 allied health, 1 lifestyle, 1 GP).

Results and Discussion: Families struggle to understand the health journey of residents. Overall goals of care never discussed. Transition map scale needs rewording for simplification (see final version Figure 3).

Fig 3: Transition Map Scale (FINAL Version)

Type of illness or disability			Severity of illness or disability
Body Restore	Mixed (Body&Brain) Restore	Brain Restore	
Body Maintain	Mixed (Body&Brain) Maintain	Brain Maintain	
Body Comfort	Mixed (Body&Brain) Comfort	Brain Comfort	
<input type="checkbox"/> End of Life	<input type="checkbox"/> End of Life	<input type="checkbox"/> End of Life	

Tick if patient has a high impact of psychological factors

Funding: Pilot: Keith & Aya Thornton Trust. Focus Group, Implementation and Evaluation study: Dept of Health, Australia (via DACS).