

Educational Function of Care Contests in Dementia Care in Japan

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<Introduction>

Now Japan has 4.7million people with dementia. And Japan will have 7million people with dementia in 2025. So Japanese societies have to concrete to enlighten dementia care around Japan. Then care contests are held everywhere to spread and standardize dementia care in Japan.

<Purpose> The purpose of this study was to analyze the role of care contests in dementia care in Japan.

<Methods>

One of the care contests which was held in Japan in 2017 was selected, and 18 participants of that contest played as care worker for people with dementia. Care contest was held just like Role Play. One person plays as an elderly with dementia, and participants serve dementia care. After their play, each participant and the person who played as an elderly with dementia express their comments, after that advisors give comments. Their care service and comments were analyzed as qualitative.

<Results and Conclusion>

The case was showed before the care contest was held. Each participants prepared for the contest. On the contest, the person who played as an elderly with dementia showed BPSD, each participant didn't deny the behavior of the elderly with dementia. They used tender words and accepted the recognition of the elderly with dementia. A lot of citizens took part in the care contest as audiences. They learned dementia care at the contest. Care contests have several functions. One of them is educational opportunity for care workers. And second function is to enlighten dementia care around Japan. There are many audiences who are not professional but citizens in care contest. Many audiences learn dementia care through care contests. Care contests are one of the events which enrich atmosphere of care work.